

I AM CREATED IN GOD'S IMAGE



GOD loves me and made me special.

GOD never wants anyone to hurt me.

No one has the right to hurt me.

I do not have the right to hurt anyone else.

I will use the **No-Go-Tell** Rule:

If anyone touches my body in a way that makes me feel weird, uncomfortable, worried, or scared.

If anyone tells me they will hurt me or someone in my family.

If anyone asks me to keep secrets from my parents or my teachers.

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No - Go - TELL
RULE



I will say words that mean No!
Cut it Out!
Stop It!
Quit It!
Don't Do That To Me!
I'll Yell If You Don't Stop!



I will get away and be safe.
I will go to a room with other people.
I will go home.
I will go get a grownup.
I will call my parents.



I will tell an adult that I trust:
My mom or dad,
My grandparent,
My teacher.



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